



## Shabbat Shalom—(KS1 & KS2)

### Summary:

Discover why Jewish people observe Shabbat. Explore Shabbat rituals and traditions and the symbolism of artefacts. Experience how a family prepares for Shabbat and Havdalah

### Learning Objectives:

- 1) To understand the link between the Creation Story and Shabbat
- 2) To know the symbolism and universality of Shabbat
- 3) To leave with a positive view of what Shabbat means to Jewish Families

### Workshop structure (1 Hour total)

- Introduction to the Torah & Object exploration
- Reading the creation story
- Exploring the symbolism of the Shabbat table & Object exploration