



Life with Loss: Understanding Grief and Memory.

KS3+

Summary:

Explore the universal themes of grief and loss through the experience of survivor Solly Irving. Explore language around grief and loss, discover Solly's testimony, handle objects used in Judaism to remember someone and do a creative activity inspired by Solly's legacy.

Learning Objectives:

- 1) To find out about the Holocaust through one person's experience (Solly Irving)
- 2) To reflect on the extent of loss and grief Solly had to process.
- 3) To learn about the importance of memory in Judaism
- 4) To encourage empathy to connect students to Solly's experience and the reality of the Holocaust.

Workshop structure (1 Hour total)

Watch the testimony of Solly and his family

Handle objects used in Judaism to remember someone

Creative activity reflecting on Solly's experience